



# Track & Field

## 2024 Season Schedule



### **Student Interest Meeting**

Tuesday, February 13th, 3:20 - 3:45 in LLC

**Open Gym** for High Jump/Shot Put: 3/4 and 3/5, 3:30-4:30

### **Tryouts (Meet in the South Gym)**

Wednesday, March 6 3:30 - 4:30

Thursday, March 7 3:30 - 4:30

**First day of practice:** Tuesday 3/12

**South Meet:** Tuesday, 4/9

**Greyslake Meet:** Saturday, 4/13

**Thomas Meet:** Wednesday, 4/17

**OPRF Indoor Meet:** Friday, 4/19 v. Julian and Brooks

**Little Cat Meet:** Saturday, 4/27 (limited entry)

**OPRF Indoor Meet:** Saturday, 5/4 (limited entry)

**Sectionals Friday 5/10 OR Saturday 5/11** TBD, qualifiers only

**State: 5/17-5/18** Overnight trip- qualifiers only

**ALL athletes must have a valid physical in the nurse's office  
NO LATER than March 18! Physicals are good for 13 months.**

