



Track & Field

2024 Season Schedule



Student Interest Meeting

Tuesday, February 13th, 3:20 - 3:45 in LLC

Open Gym for High Jump/Shot Put: 3/4 and 3/5, 3:30-4:30

Tryouts (Meet in the South Gym)

Wednesday, March 6 3:30 - 4:30

Thursday, March 7 3:30 - 4:30

First day of practice: Tuesday 3/12

South Meet: Tuesday, 4/9

Greyslake Meet: Saturday, 4/13

Thomas Meet: Wednesday, 4/17

OPRF Indoor Meet: Friday, 4/19 v. Julian and Brooks

Little Cat Meet: Saturday, 4/27 (limited entry)

OPRF Indoor Meet: Saturday, 5/4 (limited entry)

Sectionals Friday 5/10 OR Saturday 5/11 TBD, qualifiers only

State: 5/17-5/18 Overnight trip- qualifiers only

**ALL athletes must have a valid physical in the nurse's office
NO LATER than March 18! Physicals are good for 13 months.**



